



| **Childcare** | **Breakfast Clubs** | **Lunch Clubs** | **PPA Cover** | **After School Clubs** | **Holiday Camps** |

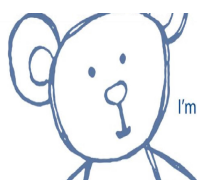
Behaviour Management Policy

Xtra time and 1st Touch Coaching is committed to helping children and adults achieve more, and operate a positive behaviour management strategy to promote the welfare, learning and enjoyment of children. Xtra time **and 1st Touch Coaching** expects high standards of behaviour and conduct from children, staff and parents to ensure the safety and happiness of everybody at the Club.

Xtra time and 1st Touch Coaching has written this policy to ensure that best practice and procedures are carried out at the Club or in sports sessions. This policy complies with the legal requirements of the Early Years Foundation Stage statutory framework.

Aims of Behaviour Management Policy

- It is the main aim of our Club for every child, parent and staff member to feel valued, respected and that everyone has a right to be treated fairly.
- The Club will provide a caring community, where ethos and values are built on respect for all.
- The Club aims to promote an environment where everyone feels happy, safe and secure.
- To help children to develop a sense of caring and respect for one another.
- To build caring and co-operative relationships with other children and adults.
- To help children develop a wide range of personal, emotional and social skills and teach children how to manage their emotions effectively.
- To adopt confidence, self-discipline and increase children's self esteem.



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| www.xtratime.co.uk | sportsservices@xtratime.co.uk | **Tel:** 07746 945 903 |

Sept 2026 - To be reviewed in Sept 2027

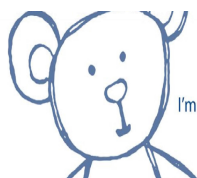


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Implementation of the Policy

Principles:

- The staff / Coaches and children at Xtra time or 1st Touch Coaching will work together to establish a clear set of rules which will form the behaviour code in the Club. These rules will be displayed in the Club and parents and children are expected to abide by the rules.
- The Club places an emphasis on developing self-discipline by directly teaching the principles of choices and consequences which result from those choices.
- The Club has a number of rules agreed by staff and children which form the ethos of Xtra time.
- The rules will be reviewed regularly and the Club will ensure that new children are taught the rules and have a voice in devising a set of rules for the Club.
- Good behaviour will be celebrated and rewarded by using a range of strategies including praise, encouragement and weekly prize draw.
- Children exhibiting negative or aggressive behaviour will be dealt with in a calm manner and asked to stop the behaviour giving cause for concern. Staff / Coaches will use a number of strategies depending on the severity of the concern.
- When dealing with negative behaviour, staff / Coaches will always remain calm and in control. Children must not be pulled, pushed or physically restrained in any way unless they are posing a danger to themselves or others. If physical restraint is used staff must complete an incident report log sheet.
- Staff members and Coaches will set a positive example by behaving in a respectful manner at all times. This will encourage an atmosphere where children and adults respect and value one another and treat each other with respect and care.



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- Xtra time and 1st Touch Coaching operates a strict policy of no shouting at the children.

Strategies for Negative Behaviour

- When bad behaviour occurs, members of staff / Coach will listen to the child or children concerned to identify their reasons for the poor behaviour. Staff / Coach will explain to the child or children the consequences for themselves and other people involved in the incident.
- Children will be reminded of the rules.
- It may be necessary to remove a child from an activity for a short while; 'time out'. This will provide a non-active time for a child to review their own behaviour. Often the child will be able to return to play when they feel more in control.
- If the poor behaviour continues, this may require a discussion with a parent/carer so that both Xtra time and 1st Touch Coaching and parents can plan a consistent approach to supporting the child. This will be recorded and monitored.



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