



| **Childcare** | **Breakfast Clubs** | **Lunch Clubs** | **PPA Cover** | **After School Clubs** | **Holiday Camps** |

Breast Ironing Policy

This policy should be read in conjunction with the Xtra Time and 1st Touch Coaching's Safeguarding policy.

Breast ironing is a form of child abuse and as such, is dealt with under Xtra Time and 1st Touch Coaching Safeguarding policy.

Definition

Breast ironing, also known as breast flattening, is the pounding and massaging of a pubescent girl's (8 to 16 year old) breasts using heated objects, to try to make them stop developing or to disappear.

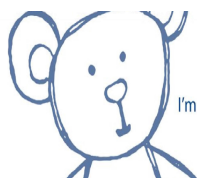
It is usually the Mother who carries this out as she believes this will protect her daughter from:

- Sexual harassment or rape.
- Prevent early pregnancy by "removing" signs of puberty.
- Prevent her daughter from being forced into marriage.

Indications that Breast Ironing has taken place

- Unusual behaviour after an absence from School or Collage including depression, anxiety, aggression or becoming withdrawn.
- Reluctance in undergoing medical examinations.
- Some girls may ask for help, but may not be explicit about the problem due to embarrassment or fear.
- Fear of changing for physical activities due to scars showing or bandages being visible.

Procedure



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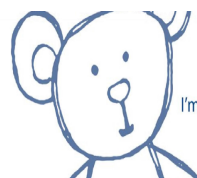


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Xtra Time staff must notify the Designated Person of any concerns. Coaches are to report to the School's DSP.

Xtra Time staff must report to the Police (101), cases where they discover that an act of breast ironing appears to have been carried out!

If unsure the Xtra Time staff and 1st Touch Coaches will follow their Safeguarding Policy.



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