



| **Childcare** | **Breakfast Clubs** | **Lunch Clubs** | **PPA Cover** | **After School Clubs** | **Holiday Camps** |

Lone Coaching Policy

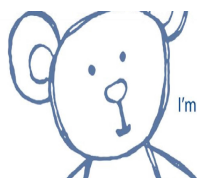
- Xtra Time & 1st Touch Coaching aims to create an enjoyable environment for all children who wish to take part in any of our clubs or within Schools.
- Xtra Time & 1st Touch Coaching emphasises that young people have the right to be safe, secure and free from threat.
- Xtra Time & 1st Touch Coaching will ensure that Coaches will have specific sports programmes in place.
- All our clubs have procedures in place to help any young person who requests help and support on a confidential basis, in issues relating to Child Protection.
- Xtra Time & 1st Touch Coaching will ensure that all our Coaches hold the correct qualifications and that they all have been DBS checked.
- Issues regarding Child Protection should be raised with the child's School or Nadim Akhtar.

Xtra Time & 1st Touch Coaching acknowledges the need to ensure, as far as they are able, that the children using the facilities are in all respects provided with a safe and respectful environment.

However, parents are asked to recognise that all sports have an inherent risk to them and accidents cannot be eliminated entirely.

Xtra Time & 1st Touch Coaching will:

- Ensure that all players receive equitable status and treatment.
- Provide a safe playing environment, as far as it is able.
- Coaches will carry out risk assessments.
- Provide shelter in poor weather conditions.
- Give access to drink during organised coaching sessions.
- Provide a well stocked first aid kit for the use of the Coaches who have undertaken a first aid course. The Coaches will also have access to emergency contact details of the children.
- Ensure that each Coach maintains an attendance register for Coaching sessions and an accident/incident register.
- Xtra Time & 1st Touch Coaching is insured by Worldwide Sports insurance for any Public Liability risks.
- The Coach will acquaint himself with any specific needs of a child in conjunction with parents/carers: e.g. medicines or collections.
- Sports Coaches work to the ratio of 1:16. Sometimes this can be altered based on age group and children's needs (e.g medical or SEN needs)



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Sept 2026 - To be reviewed in Sept 2027